

St. John Neumann Regional Academy January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
4	5	6	7	8
Chicken Nuggets Tator Tots Green Beans Pears 1% or skim	Hamburger/ Cheesebuger French Fries Baby Carrots Peaches 1% or Skim Milk	Fettuccine Alfredo Roll Broccoli Peaches 1% or skim	Popcorn Chicken Bowl Corn Warm Apples 1% or Skim Milk	Cheese Stuffed Breadsticks Marinara Cooked Carrots Strawberries (Frozen) 1% or Skim Milk
11	12	13	14	15
Hot Dogs French Fries Cooked Carrots Diced Pears 1% or Skim Milk	Ham&Cheese Pretzel Bake Beans Cooked Carrots 1% or skim Milk	Meat loaf Mashed Potatoes Peas Mixed Fruit 1% or skim	BBQ Beef Rib Sandwich Baked Beans Fresh Red Apple 1% or Skim Milk	Chicken Nuggets Tator Tots Green Beans Pears 1% or Skim Milk
18	19	20	21	22
No school	Corn Dogs French Fries Peas Apple Sauce 1% or skim Milk	Knoble Knight Wrap Tator Tots Mixed fruit 1% or skim Milk	Chicken and Waffles Mashed Potatoes Steamed Carrots Pears 1% or skim	Pizza Corn Peaches 1% or Skim Milk
25	25	27	28	29
Pulled Pork Sandwich French Fries Corn Peaches 1% or skim	Beef Nachos w/Cheese Lettucw/Tomato/ Rice Blueberries 1% or Skim Milk	Chicken Patty Sandwich Tator Tots Broccoli Applesauce 1% or skim	Rigatoni w/Meatsauce Bread Stick Mixed Fruit 1% or skim	Grilled Cheese Tomato Soup Green Beans Mixed Fruit 1% or Skim Milk