

St. John Neumann Regional Academy

November Lunch Menu

Monday 11/2	Tuesday 11/3	Wednesday 11/4	Thursday 11/5	Friday 11/6
Ham & Cheese Pretzel Baked Beans Cooked Carrots 1% or skim Milk	Hamburger/ Cheeseburger French Fries Baby Carrots Peaches 1% or Skim Milk	Shepherd Pie Mashed potatoes w/ gravy Golden corn/Peas Fresh banana 1% or skim milk	Popcorn Chicken Green Beans Warm Apples 1% or Skim Milk	Cheese Stuffed Breadsticks/Marinara Cooked Carrots Strawberries (Frozen) 1% or Skim Milk
Monday 11/9	Tuesday 11/10	Wednesday 11/11	Thursday 11/12	Friday 11/13
Meatball Sandwich Steamed Corn Peach Cup 1% or Skim Milk	Turkey & Cheese Sandwich Cooked Carrots Sliced Apples 1% or Skim Milk	No school	BBQ Beef Rib Sandwich Baked Beans Fresh Red Apple 1% or Skim Milk	Rigatoni w/Meat Sauce Cooked Carrots Diced Pears 1% or Skim Milk
Monday 11/16	Tuesday 11/17	Wednesday 11/18	Thursday 11/19	Friday 11/20
Grilled Cheese Tomato Soup Green Beans Mixed Fruit 1% or Skim Milk	Ravioli W/Breadstick Peas Apple Sauce 1% or skim Milk	Chicken Patty Sandwich Steamed Broccoli Applesauce 1% or Skim Milk	Roasted Turkey Mashed Potatoes/Gravy Stuffing Sliced Apples 1% or Skim Milk	BBQ Chicken Pizza Corn Peaches 1% or Skim Milk
Monday 11/23	Tuesday 11/24	Wednesday 11/25	Thursday 11/26	Friday 11/27
Chicken and Waffles Mashed Potatoes Corn Banana 1% or Skim Milk	Beef Nachos w/Cheese Lettuce/Tomato/ Rice Blueberries 1% or Skim Milk	Ham & Cheese Sub Cooked Carrots Sliced Apples 1% or Skim Milk	No school	No school
Monday 11/30				
No school				