

St. John Neumann Regional Academy

October Lunch Menu

			Thursday 10/1	Friday 10/2
			Mini Corndogs Green Beans Warm Apples 1% or Skim Milk	Cheese Stuffed Breadsticks/Marinara Cooked Carrots Strawberries (Frozen) 1% or Skim Milk
Monday 10/5	Tuesday 10/6	Wednesday 10/7	Thursday 10/8	Friday 10/9
Meatball Sandwich Steamed Corn Peach Cup 1% or Skim Milk	Soft Beef Taco Rice Mixed Fruit 1% or Skim Milk	BRUNCH FOR LUNCH French Toast Sticks Sausage Patty Hash Brown Potato Patty Cucumber Slices Applesauce 1% or Skim Milk	BBQ Beef Rib Sandwich Baked Beans Fresh Red Apple 1% or Skim Milk	Mickey's Cheese Pizza Cooked Carrots Diced Pears 1% or Skim Milk
Monday 10/12	Tuesday 10/13	Wednesday 10/14	Thursday 10/15	Friday 10/16
NO SCHOOL	Stromboli French Fries Mixed Fruit 1% or Skim Milk	Popcorn Chicken Bowl Mashed potatoes with gravy Golden corn Fresh banana 1% or Skim Milk	Sloppy Joes Sun Chips Fresh Baby Carrots Diced Peaches 1% or Skim Milk	Fish Sticks French Fries Corn Peaches 1% or Skim Milk
Monday 10/19	Tuesday 10/20	Wednesday 10/21	Thursday 10/22	Friday 10/23
Ham & Cheese Pretzel Roll Baked Beans Baby Carrots Peaches 1% or Skim Milk	Nacho and Cheese Lettuce/Tomato/Rice Strawberries 1% or Skim or Chocolate Milk	American Cheeseburger French Fries Peach Cup 1% or Skim Milk	Chicken Nuggets Tator tots Green Beans Mixed Fruit 1% or Skim Milk	Grilled Cheese Tomato Soup Corn Blueberries 1% or Skim Milk
Monday 10/26	Tuesday 10/27	Wednesday 10/28	Thursday 10/29	Friday 10/30
Loaded Tots Peas Peaches 1% or Skim Milk	Hot Dog French Fries Corn Apple Sauce 1% or Skim Milk	Chicken Patty Sandwich Steamed Broccoli Applesauce 1% or Skim Milk	Ravioli W/Breadstick Green Beans Mixed Fruit 1% or Skim Milk	Ham & Cheese Sub Baby Carrots Fresh Apples 1% or Skim Milk